

QUEEN ELIZABETH DISTRICT HIGH SCHOOL

2016/17 COMMUNITY VOLUNTEER INFORMATION

This is a guideline – anyone in authority at these organizations can sign for completion of volunteer hours

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Organization	Contact & Phone	Activities
Arthritis Society	Barb Lacalamita 737-1437	Assistance with soliciting contributions and other general office/mailout/flyer distribution duties.
Ashawaabic Ministries	737-1740 70 Fifth Avenue	Assist with children’s activities; set up for special evening meeting; help load and unload supplies, food & equipment; serve refreshments.
Association for Community Living	Sherry Baum 737-1348	Assist with clients, recreation, visiting, helping with shopping and other daily activities.
Believers’ Fellowship	737-2213	Assist with children’s activities; set up for special evening meeting; help load and unload supplies, food & equipment; serve refreshment.
Biidaaban Day Care	Gisele Trudeau 737-4570	Interact with children, assist teachers, playground supervision, lunch hours, organize activities, and clean up.
Breakfast for Learning	Darlene Pike (QEDHS) Michelle Diston (SMPS 737-3480)	Assist with preparation and serving breakfast for students at QEDHS or Sioux Mountain Public School.
Blueberry Festival	Dori Hopko 737-3227	Assist co-ordinate activities, set up and take down, advertising, office work, etc, etc.
Calvary Baptist Church	737-3293	Set up for special events; serve refreshments; create promotional materials; operate the sound system;
Canadian Cancer Society	C. Jackson 735-7587	Assistance with soliciting contributions and other duties, setting up for special events.
Chamber of Commerce	737-1937	Assist with various family activities in the Sioux Lookout community; help with the CofC website; greet visitors at Travel Info Centre and Train Station.
First Step Women’s Shelter	Carmelia Augustine 737-1438	Work with children; crafts, play recreation, some office work, including filing, answering phones, pamphlet and flyer distribution, etc.
Friends of Cedar Bay <i>(Stable and Cedar Bay)</i>	Sandy Lockhart 737-2268 Beth Dasno (QEDHS) Matt Culham (QEDHS)	Set up and hosting special events, feeding and turning out of the horses; barn and yard clean-up.
Girl Guides of Canada	Barb Lacalamita 737-1437	Help with crafts and games, planning activities, help group leaders, set up for meetings, fundraising activities.
Golf Course & Curling Club of Sioux Lookout	Gus MacLellan 737-1800 87 Third Avenue	Course maintenance, ice maintenance, help with tournaments, set up and take down.
Hockey Academy at Sioux Mountain Public School	Steve Dumonski (SMPS) 737-3480	Help students on and off the ice, tying skates, assisting with skating drills and practice.
Hudson Believers' Fellowship	582-3252	Assist with children’s activities; set up for special evening meeting; help load and unload supplies, food & equipment; serve refreshments.
Hudson Cemetery	582-3249	General yard work duties, including raking, mowing grass, clean up, and weeding.
Kids Kaleidoscope	Beth Dasno (QEDHS)	Assist with setting up for events, fundraising, and more.
KP Child & Family Services	737-3250 42 King Street	Babysitting services during support group meetings.
Knights of Columbus	737-3262 43 Queen Street	Help with yard work and other small labour jobs.
Lions Club of Sioux Lookout	Chris or Lisa Larsh 737-7337	Help with Canada Day picnic, golf tournament fundraisers, and other community events.

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Little Bands Native Hockey Tournament	Stephen Fiddler 738-3167 Ziggy Beardy 738-1293 www.Facebook.com/Lil' Bands Hockey Tournament	Ticket Sales; security for event; supervise day care during tournament; working on internet access, working on broadcasting of games, taking pictures.
Lost Lake Drop In Centre	21 Second Street, Hudson 582-3437	Shoveling snow, stacking wood, mowing lawns, cleaning yards.
Meals on Wheels Program	Randi Doggett 737-3142 randi.doggett@kenoradistricthomes.ca	Visiting clients, shopping, escorting clients, assisting clients, set tables, serve food, clean up, crafts, exercise program.
Meno Ya Win Health Centre	Maureen Oakley 737-3030 ext 4050or Margie Kimball 737-1339 1 Meno Ya Win Way, off of Seventh Avenue	Direct Care includes visiting; reading; writing letters; playing cards and games; walks; music, pet or exercise therapy; baking; traditional or cultural foods program; book cart; visiting. Indirect Care includes gardening; watering plants; care of fish tanks/bird cages; knitting; decorating; baking and making crafts for fundraising.
New Life Assembly	737-2843	Assist with children's activities; set up for special evening meeting; help load and unload supplies, food & equipment; serve refreshments.
Nishnawbe-Gamik Friendship Centre (<i>Aboriginal Wellness, Drug/Alcohol, Family Support, Food Bank, Head Start</i>)	737-1903 Email: reception@ngfc.net Website: www.ngfc.net 52 King Street	Assist with clients, recreation, visiting elders, shopping, reading, talking, inventory of food, delivery of food, playing with children, organizing activities
Norah Love Day Care	Kelly Negus 737-2131 knegus@siouxlookout.ca	Interact with children, assist teachers, playground, lunch hours, organize activities; clean up
Nordic Nomads	Ron Laverty 737-3167 e-mail: rlaverty@orange.ca	Help groom trails before snow falls; help with fund raisers, etc.
Northwestern Health Unit	Joanne Van Horne 737-2292	Stuffing envelopes; photocopying; preparing information packages.
Ojibway Power Toboggan Association	Gail Romyn 737-4447 president@opta.ca	Maintain snowmobile trails, fundraising assistance, promotion/flyers/brochures and website assistance.
Out of The Cold Shelter	Shelter 737-7499 Susan Barclay 738-0952 25 Fair Street ootc@bellnet.ca	Assist with serving: evening/dinner 5:00 - 8:00 pm and weekends/lunch from 11:00 am - 1:00 pm.
Rotary Club of Sioux Lookout	Susan Barclay 737-0952 or Kirk Drew, email him at: kgdrew14@gmail.com	Park clean up, carnation sale & flower preparation; peanut sales, driving seniors, and flea markets.
Sacred Heart School	737-1121 41 Eighth Avenue	Coaching, playground activities, reading buddies, etc.
Sacred Heart Roman Catholic Church	737-3760 118 King Street	Serve at teas, soup & sandwich luncheons, and bazaars; infant/toddler day care; lawn and yard care.
Saint Andrew's United Church	737-3131	Serve at teas, soup & sandwich luncheons, and bazaars; infant/toddler day care; lawn and yard care.
Saint Mary's Anglican Church	737-2790	Serve at teas, soup & sandwich luncheons, and bazaars; infant/toddler day care; lawn and yard care.
Salvation Army Thrift Store	See Ms. Albrecht (QEDHS) for more information	Assistance and help with merchandise sorting, sales, display, and store maintenance.
St. Andrew's United Church	21 Sixth Avenue 737-3131 Donna Prior 737-1122	Serve at teas, luncheons, and bazaars; infant/toddler day care; lawn and yard care, other events as needed.

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Scouts Canada	Natalie Popovic 737-0938 Email: nataliep3@gmail.com	Assist with weekly program; weekend camps, general clean up and special projects.
Second Chance Pet Network	Lynda DuCharme 737-4026 lynda.ducharme@hc-sc.gc.ca	Assist with pets – exercise, feedings, and clean up.
Senior Activity Centre	737-3822 55B Front Street	Set up for bazaars, meetings, set up and serve coffee, help organize activities for seniors. Assist with regular daily activities and classes, health clinics, and community projects as well as fundraisers such as bake sales and teas.
Sioux-Hudson Literacy Council	737-8022 73 King Street, Room 103	Assist with clients, reading, writing, organizing and general offices duties, registering clients and more.
SLARC - Sioux Lookout Anti-Racism Committee	737-1501 Centennial Centre, 54 Front St	Work in Drop-In Centre with local youth, office work running off brochures.
Sioux Lookout Area Heart Health Coalition	Joanne Peacock 737-2292	Distributing resources, posters and pamphlets to businesses/agencies; assist with events such as Terry Fox Run, Big Bike for Stroke, Umfreville Trail, etc.
Sioux Lookout Cemeteries	Karen Costello 737-2700 ext 2210	Assist with grounds maintenance and clean-up.
Sioux Lookout Figure Skating Club	See Mrs. Espana (QEDHS) or siouxlookoutfsc@gmail.com	Set up and take down; play music, assist with skates; ice shows, fundraising, and more.
Sioux Lookout Gymnastics Club		Coaching, fund raising, equipment set up and take down.
Sioux Mountain Public School	Steve Poling, Principal 737-3480	Assist with sporting activities, extra-curricular, fund raising; lunchroom, and librarian.
Sioux Lookout Public Library	W. MacDonald 737-3660 ext 4401	Processing, shelf reading, new projects, document organization, moving books, assist with computers.
Sioux Lookout Recreation Department	Gerson Augustin 737-1994 85 King Street	Help with youth sports and children’s programs, promotion and advertising, clean up and maintenance duties at Cedar Bay, assistant with tournaments and games.
Sioux Lookout Volunteer Fire Dept	Rob Favot 737-1664	Washing trucks, floors, fill compressed air tanks, clean up around fire hall, yard work and lawn care.
Sioux Towers	103 Third Avenue Margo Saari, Email her: margo.saari99@hotmail.com	Visit residents, read, cards/games/puzzles, baking, crafts; sing/entertain, help with meals and take residents to and from meals; take people for walks in good weather.
Sunset Women’s Aboriginal Circle	29 Second Ave 737-7922	Assist with promotions and advertising, special events and with general office duties.
The Salvation Army Thrift Store	Ms. Albrecht (QEDHS, see Ms. Albrecht in Portable 5)	Cleaning, unpacking, and organizing clothing, footwear, and household items at the thrift shop.
Tikanagan Child & Family Services	737-3466 65 King Street	Wrapping Xmas gifts for clients, shopping for clients, and more.
Toy Lending Library	737-3253, Atwood Building at 52 King Street	Assist and co-ordinate crafts, organize, disinfect and take inventory of toys, interact with children.
Youth Centre	737-1501 54 Front Street	Assist with children ages 8 to 14; activities including drama, art, sports, music production and workshops, crafts, coffee houses, homework support, air hockey, pool, and games.
W A George Extended Care	Heather Fukishima 737-1364	Visits, read/card/games/puzzles, baking & crafts; share musical talent and sing, pet visits; help with meal times.
Windigo First Nation Council	737-1585, at 160 Alcona Drive	Clerical jobs and help with general office duties.